




# How to Pray for... **HEALTH**



Around the world, doctors are hard at work helping to heal the sick and injured, but in many nations, access to doctors and medical care is difficult. According to the [World Health Organization](#), there are approximately 7 doctors for every 10,000 people in India and Myanmar. Throughout many parts of Africa, that number drops to just 1-2 doctors per 10,000. This huge lack in healthcare means that illnesses can spread quickly and frequently as disease and poor hygiene overcome communities.

Too many communities suffer from constant diseases. When poor health is the norm, it can be almost impossible to make progress on any other development issue. Along with the viruses common everywhere, they face serious illness and death from contaminated water, lack of hygiene infrastructure, worms, parasites, bacteria, and chronic malnutrition. Too many communities still have no medical clinic nearby. Most believers have no idea that God cares about their bodies, because they've been taught only about God's concern for their salvation and spiritual lives. Yet God has not abandoned these communities to disease. His desire is for their abundant life, and He is able to use churches to transform their communities' health.



## Please pray with us...

- For all of those who are suffering from chronic or preventable illness, Pray that God, in His mercy, would restore their health.
- For churches to have the opportunity to understand God's concern for their physical bodies and to learn skills that lead to good health. Pray for Christians to become models of good health to those outside the church.
- Pray for churches to be motivated to show God's love in ways that improve communities' health. Pray that they would seek and receive wisdom from God for how to solve health problems.
- Pray that mothers, who are most often primary caregivers, would have opportunities to learn hygiene and feeding practices to keep their children healthy. Pray that they would know how to care for them when they are sick to prevent needless suffering and death.
- Pray that governments and international organizations would seek God for wisdom, understanding, and solutions to health problems. Pray that they would have not only scientific and medical knowledge, but insight from the Holy Spirit. Pray that they would seek society's health with integrity, justice, and impartiality.
- Pray for NGO workers who work to improve health through access to clean water, hygiene, health education, and nutrition. Pray that God would guide them, provide for their needs, and make their efforts prosper.
- Pray for doctors, nurses, and community health workers to have great insight and skill. Pray that they would have endurance, compassion, and protection from the Lord.

*Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.*

*1 Corinthians 6: 19 - 20*



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